

Prepare yourself



What to do Who to ask When Actions/next steps

Find out how school handles transition planning	Class teacher or additional support staff	Any time after starting secondary school
Ask for assessment of needs and a carers' assessment	Local council social services department	Any time, but at least 3 years before leaving school is helpful
Arrange a finance/benefits health check	Disability charity or other organisation	When your young person is 15 or whenever circumstances change
Find out about guardianship/power of attorney	Solicitor experienced in additional support needs issues	Begin conversation up to 2 years before it's needed
Find out about volunteering and community learning possibilities in your area	Job Centre, Skills Development Scotland, personal contacts	As early as possible
Ask healthcare staff about transition planning	Any health professionals regularly involved with your child	At least 2 years before move to adult services
Put together a profile of your young person's interests, abilities and needs	Your young person, plus friends or family members who know them well	Begin early—any time after starting secondary school