

Support for families/parents/carers

Carers Parliament	Scotland	Forum providing carers, young carers, and carer representatives from across Scotland an opportunity to discuss matters important to them.
Carers Trust Scotland	Scotland	The largest provider of comprehensive carers support services in Scotland. Online search for local carers centres.
Carers (UK) Scotland	Scotland	Working as part of Carers UK giving advice, information and support; connecting carers so no-one has to care alone.
Children and Young Peoples Commissioner Scotland	Scotland	Supporting the rights of under 18s.
Chip Plus	Highland	Free confidential information, support and advice to families and carers of children and young people with additional support needs. Parent support groups.
Coalition of Carers in Scotland	Scotland	Facilitates carer engagement and brings carers and local carer organisations together with decision makers at a national and local level.
Crossroads Caring Scotland	Scotland	Support for carers and their families helping people to live independently at home.
Differabled	Glasgow	Peer-to-peer support for parents of children with additional support needs. More than 10 support groups.
Enable Scotland	Scotland	Emergency Planning for carers and trustee service.
Fathers Network Scotland	Scotland	Supporting and encouraging dads as fathers and caregivers.
Grandparent Plus	UK wide	Advice and information to grandparents in all kinds of situations, whether they care for children full time (as kinship carers) or are struggling to see them.
One Parent Family Scotland	Scotland	Help and advice to all single parent families.
Parent-to-Parent	Angus, Dundee, Perth & Kinross	Support for families of children with additional needs, both with and waiting for a diagnosis. Emotional support, information about services, advocacy, support groups.
Parentline	Scotland	Run by Children 1st. Offers a listening service, advice and support 7 days a week.
Parenting Across Scotland	Scotland	Information, support and research around all aspects of parenting.
Relationships Scotland	Scotland	Relationship counselling, family mediation and child contact centre services.
The Scottish Young Carers Alliance	Scotland	Hosted by Carers Trust Scotland. An alliance of organisations that support young carers, raising awareness of young carers and the issues they face.
Young Carers	UK wide	Information and support for young carers.
Young Scot	Scotland	National youth agency providing information and support to all young people.